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COMPASSIONATE DOCTORS UGANDA

PROJECT PROPOSAL

Establishment of Compassionate Doctors Medical Center

Location: Namuwongo suburb, Makindye division, Kampala Uganda

Target Beneficiaries: Vulnerable Women and Children

Funding Request: (UGX 79,950,000 (USD 21,574))

Project Duration: 12 Months (Phase I)

Submitted By: Compassionate Doctors Uganda

Contact Information:

Dr. Nuwahereza Dickson (MBChB)

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Date: 18th June 2026

PROJECT PROPOSAL

Establishment of a Community Medical Center in a Kampala Suburb

Organization Name: Compassionate Doctors Uganda

Project Title: Compassionate Doctors Medical Center

Location: Namuwongo Suburb, Makindye division Kampala, Uganda

Proposed Budget: (UGX 79,950,000 (USD 21,574))

Duration: 12 Months (Phase I)

EXECUTIVE SUMMARY

Compassionate Doctors Uganda [A community Based Organization (CBO)] composed of doctors and other health care professionals with passion towards health wellbeing of vulnerable communities, proposes to

establish a community-based medical center in Makindye, a rapidly growing suburb of Kampala, aimed at improving access to affordable and quality healthcare services for vulnerable populations, particularly women and children.

The facility will provide essential outpatient, maternal, and child health services, while operating on a sustainable, low-cost model. Over time, the clinic aims to expand into a fully functional hospital within a period of 5-10 years.

Based on this background, the project seeks funding support of (UGX 79,950,000 (USD 21,574) to facilitate setup, procurement of equipment, staffing, and community outreach programs through three phases.

BACKGROUND AND JUSTIFICATION

Access to affordable and quality healthcare remains a major challenge in many suburban areas of Kampala, particularly in rapidly growing communities such as Namuwongo. Vulnerable populations especially women and children continue to face significant barriers that negatively affect their health outcomes and overall well-being.

Limited access to maternal healthcare has resulted in many pregnant women missing essential antenatal and postnatal services. This increases the risk of pregnancy-related complications, unsafe deliveries, and preventable maternal and neonatal deaths. Without timely medical support, many women are forced to rely on unskilled care or delay seeking treatment until conditions become severe.

The high cost of medical services further limits access to timely and appropriate care. Many low income families are unable to afford consultation fees, diagnostic tests, or essential medicines. As a result, illnesses often go untreated or are managed inadequately, leading to worsening health conditions, increased complications, and higher long-term healthcare costs. Low awareness of preventive health practices continues to contribute to the burden of disease within the community.

Many families lack access to health education on hygiene, nutrition, family planning, and early disease detection. This leads to preventable illnesses, late presentation to health facilities, and poor health-seeking behaviors.

Inadequate child health and immunization services also place children at significant risk. Missed vaccinations and delayed treatment expose children to preventable diseases, recurrent infections, malnutrition, and in severe cases, avoidable mortality.

These challenges undermine healthy growth and development during critical early years of life. The combined effect of these challenges results in a cycle of poor health, financial strain, and reduced quality

of life among vulnerable households.

It is within this context that Compassionate Doctors Uganda seeks to intervene by establishing a community-based medical center that will provide affordable, accessible, and compassionate healthcare services. The project aims to address these gaps through integrated maternal and child health services, preventive care, and community health education, ultimately improving health outcomes and restoring hope within the community.

In addition to addressing physical health needs, Compassionate Doctors Uganda is founded on strong Christian values of compassion, service, and love for humanity. The project recognizes that true healing encompasses both the body and the spirit.

The clinic will therefore serve not only as a center for medical care but also as a platform for demonstrating God's love through service.

This will be reflected through:

- ❖ Compassionate and ethical patient care
- ❖ Respect for human dignity and life
- ❖ Provision of emotional and spiritual support where appropriate
- ❖ Promotion of hope, encouragement, and holistic well-being.

While maintaining professionalism and inclusivity for all patients regardless of background, the clinic will operate as a mission-oriented initiative committed to serving the community in alignment with Christian principles.

PROJECT OBJECTIVES

General Objective

- ❖ To improve access to affordable and quality healthcare services for vulnerable women and children in a Kampala suburb.

Specific Objectives

- ❖ Provide accessible outpatient and maternal healthcare services
- ❖ Offer sexual and reproductive health and family planning services
- ❖ Support child health through immunization and treatment
- ❖ Promote preventive healthcare through community health education programs
- ❖ Establish a sustainable and community-supported clinic
- ❖ Expand into a fully functional hospital within 5-10 years

TARGET BENEFICIARIES

- ❖ Low-income women (pregnant and non-pregnant)
- ❖ Children under 15 years
- ❖ Adolescent girls (Sexual and Reproductive Health focus)
- ❖ Vulnerable families within the community

KEY SERVICES TO BE OFFERED

- ❖ General outpatient consultation and treatment
- ❖ Antenatal and postnatal care
- ❖ Family planning and sexual reproductive health services including post abortion care (PAC)
- ❖ Immunization services (in collaboration with government programs)
- ❖ Basic laboratory services (malaria tests, pregnancy tests, CBC, VDRL among others)
- ❖ Health education and counseling
- ❖ Distribution of insecticide treated mosquito nets to pregnant mothers and children.

IMPLEMENTATION PLAN

Phase 1: Setup (1 year)

- ❖ Securing and renting clinic premises
- ❖ Renovation and branding of the facility
- ❖ Procurement of medical equipment and supplies
- ❖ Recruitment of qualified staff
- ❖ Complete licensing and registration of the facility
- ❖ Launch clinical services
- ❖ Conduct community outreach and awareness campaigns
- ❖ Monitor service delivery and patient outcomes

STAFFING PLAN

- Medical Officer (1)
- Nurse (1)
- Cleaner (1)
- Security personnel (1)

BUDGET ESTIMATE FOR THE START (UGX 79,950,000 (USD 21,574)

Phase I: Essential Start up needs (This is what opens the doors)

Operational and Administrative Expenses

ITEM	UNIT COST @ months			TOTAL COST 1 year		
	UGX	USD	UGX	USD		
Rent	1,500,000	405	18,000,000	4,857		
Renovation and Branding	2,000,000	540	2,000,000	540		
Staff salaries for 1 year support	i	Doctor	2,500,000	675	30,000,000	8,095
	ii	Nurse	800,000	216	9,600,000	2,590
	iii	Security Personal	300,000	81	3,600,000	971
	iv	Cleaner	200,000	54	2,400,000	648
Licensing & Registration			2,000,000	540		
Start up medicine/ drug supply			4,000,000	1,080		
Miscellaneous/contingency			1,000,000	270		

Categorized Procurement list and cost for Clinic set up. Check website (<https://jiji.ug/medical-equipment?>) for price reference in Uganda.

Phase I continuation

S/n	Item	Qty	Unit Cost		Total Cost	
			UGX	USD	UGX	USD
1	Examination couch	1	550,000	149	550,000	149

2	Digital BP machine	1	75,000	21	75,000	21
3	Digital thermometer	2	20,000	6	40,000	12
4	Pulse oximeter	1	60,000	17	60,000	17
5	Medicine Administration Trays	1	100,000	27	100,000	27
6	Glucometer	1	100,000	27	100,000	27
7	Medical safety Boxes	5	10,000	3	50,000	15
8	Adult Body weighing scale	1	250,000	68	250,000	68
9	Nurses diagnostic kit	1	500,000	135	500,000	135
10	Patient's screen	1	350,000	95	350,000	95
11	Nebulizer	1	250,000	68	250,000	68
12	Drip stands	1	125,000	34	125,000	34
13	Waiting Chairs	1 Set	1,000,000	270	1,000,000	270
14	Reception desk	1	700,000	189	700,000	189
15	CCTV Cameras	1 Set	1,400,000	378	1,400,000	378
16	Surface disinfectant (Jik)	1	55,000	15	55,000	15

17	Hand sanitizers	1	35,000	10	35,000	10
18	Sterile Surgical gloves	5	50,000	14	250,000	68
19	Disposable examination gloves	5	25,000	7	125,000	34
20	Plastic aprons	3	35,000	10	105,000	29
21	Disposable head caps	1 pack	30,000	81	30,000	81
22	Laptops	1	1,200,000	324	1,200,000	324
23	Bibles					
Total					79,950,000	21,574

SUMMARY

Phase	Total Expense	
	UGX	USD
I	79,950,000	21,574

SUSTAINABILITY PLAN

- ❖ Introduction of affordable consultation fees
- ❖ Partnership with NGOs and government health programs
- ❖ Application for donor funding and grants
- ❖ Generation of income through laboratory and pharmacy services
- ❖ Engagement of volunteer healthcare professionals

Table 13: RISK ANALYSIS & MITIGATION

RISK	MITIGATION
Low patient turn out Drug shortages Financial constraints Staffing challenges	Community outreach awareness Multiple suppliers Diversified funding sources Flexible hiring and volunteers

Table 14: LOGFRAME

Level	Indicator	Means of Verification	Assumption
Goal	Reduced maternal/Child morbidity	Health reports	Stable funding
Outcome	Increased Healthcare access	Clinic records	Community trust
Output	500+ Patients per month	Patient registers	Adequate staffing
Activity	Outreach Programs	Reports	Community participation

EXPECTED OUTCOMES

- ❖ Improved access to healthcare for vulnerable women and children
- ❖ Reduction in preventable diseases
- ❖ Increased health awareness
- ❖ Strengthened community trust in healthcare

CONCLUSION

The Compassionate Doctors Medical Center under Compassionate Doctors Uganda will serve as a vital healthcare support system for underserved communities in Makindye, a Kampala suburb and surrounding areas.

With a starting modest budget of (UGX 79,950,000 (USD 21,574) this project will deliver impactful, compassionate, and sustainable healthcare services while laying a strong foundation for future expansion into a fully-fledged hospital.

MENTORSHIP AND TECHNICAL ADVISORY SUPPORT

This project will be supported by experienced medical and non medical professionals who will provide mentorship, technical guidance, oversight, spiritual and moral support to ensure quality healthcare delivery and sustainable growth of the facility.

The mentors will play key roles in:

- ❖ Providing clinical guidance and quality assurance
- ❖ Supporting capacity building of staff
- ❖ Advising on best practices in maternal and child healthcare
- ❖ Guiding the strategic growth of the facility into a fully-fledged hospital
- ❖ Providing both spiritual and moral guidance of all involved members

ACKNOWLEDGEMENT AND APPRECIATION

Compassionate Doctors Uganda would like to express its heartfelt gratitude to all individuals and well-wishers who have contributed to the vision and development of this project.

In a special way, sincere appreciation is extended to Fiona Margaret Collins, whose unwavering support has played a significant role in shaping the foundation of this initiative. Her generous sponsorship during the proposer's (Dr Nuwahereza Dickson) training at a diploma level in Comprehensive Nursing (2008–2011), as well as her continued financial and moral support afterwards throughout the Bachelors of medicine and surgery (MBChB) journey at Kampala International University, has been instrumental in making this vision possible.

Her commitment, kindness, and belief in empowering others have not only transformed an individual life but have also laid the groundwork for a project that seeks to impact many more lives within the community.

MENTORS

1. Fiona Margaret Collins

Patron Compassionate Doctors Uganda

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2. Dr Onapa Emmanuel
Ass.Consultant Obstetrics And Gynaecology

Ag.Executive Consultant, Nebbi General Hospital
Email: onapae@yahoo.com

Phone: +256782-800122

Role in Project: Clinical mentorship and maternal health advisory

BANKING AND DONATION DETAILS

Compassionate Doctors Uganda welcomes financial support from partners, donors, and well-wishers to facilitate the successful implementation of this project.

BANK TRANSFER DETAILS

Bank Name: Stanbic Bank Uganda

SWIFT Code: SBICUGKXXX

Beneficiary Name: Nuwahereza Dickson

Beneficiary Stanbic Bank Branch: Nebbi Branch

Beneficiary Account Number: 9030025133357

Currency: UGX/USD/CAD

Beneficiary address: Kampala Uganda

Note: The Company Compassionate Doctors Uganda is still undergoing registration process after which it's official account number will be opened.

Meanwhile, funders and well-wishers can safely remit funds using the account number provided above.

All funds received will be utilized strictly for project implementation and accounted for through transparent financial reporting.

Prepared by:

Dr. Nuwahereza Dickson (MBChB)



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